The joy of the Lord is for you! May the scripture-based confessions below encourage you to find and enjoy the amazing joy of the Lord!

Proverbs 17:22 – A merry heart does good like medicine, but a broken spirit dries up the bones. I will laugh today! Joy *is* medicine and laughter is good for my health!

John 15:9-12 – Joy that lasts comes from abiding in Your great love. As the Father loves the Son, so the Son loves me! I will obey and keep Your commandments. I will abide in Your love so that my joy lasts!

Isaiah 61:3 – God, thank You for consoling me when I hurt – You give me beauty for ashes and the oil of joy when I mourn. You put a garment of praise around me and heal the spirit of heaviness. Like a tree planted by You, I am Your righteous child and the healing of my heart will bring glory to You!

Galatians 5:22 – Joy is a fruit of the Spirit and it's in me!

Nehemiah 8:10 – I eat the fat of the land and I drink what is good and sweet. I share with those who have nothing and recognize the holiness of each day. I choose not to be sad because the joy of the Lord is my strength!

Psalm 16:11 – God, show me the path of life. In Your presence is fullness of joy and pleasures!

Psalm 27:6 – I will lift my head up and offer a sacrifice of joy to You! I will sing Your praises today!

Psalm 30:5 – Sorrow will not trap me. Weeping may endure for a night, but joy comes in the morning!

Psalm 37:4 – I delight myself in You and You give me the desires of my heart.

Psalm 43:4 – I go to Your altar and give You my exceeding joy in praise!

Psalm 51:12 – You always restore the joy of my salvation. You hold me in Your generous Spirit!

Psalm 100:1-4 – I will shout with joy, I will serve You with gladness! I will come to You with a song in my mouth! You are God and You made me; I am Yours! I will enter Your gates with thanksgiving and Your courts with praise!

Proverbs 15:30 – I will put a smile on my face knowing that a cheerful look can bring joy to the heart!

Jeremiah 29:11-13 – God, Your thoughts are good towards me. They are peaceful and not evil, to give me a future and a hope. When I call, You listen. As I seek, I find – especially when I search with all my heart!

Romans 15:13 – You are a God of hope! You fill me with joy and peace; I overflow in hopefulness by the power of Your Holy Spirit!

Hebrews 1:9 – To be on the side of righteousness anoints me with the oil of joy and lifts me so high.

Hebrews 13:15 – Though it is not always easy, I offer up a sacrifice of praise to You. I will acknowledge You, thank You, and confess Your holy name!

James 1:2-4 – I am joyful even through adversity because I know that the testing of my faith develops perseverance, and through this I am becoming mature and complete – I will lack nothing!

James 1:5 – I ask for Your wisdom when I do not understand the things of life and You are faithful to give it to me.

1 Thessalonians 1:6 – Even when I'm hurt, I welcome hearing the messages of God. I have joy that was given to me by the Holy Spirit!

1 Thessalonians 5:16-18 – I'm joyful always, I pray continually, and I give thanks in all circumstances because this is God's will for me in Christ Jesus!

1 Peter 1:8-9 – Jesus saved me and He has filled me with inexpressible and glorious joy!

Philippians 1:6 – I am confident of this very thing, that He Who began a good work in me will be faithful to complete it until the day of Christ's returning!

